# PARABOLIC DOUBLE PHASE OBSTACLE PROBLEMS 

SIEGFRIED CARL AND PATRICK WINKERT

$$
\begin{aligned}
& \text { Abstract. We prove existence results for the parabolic double phase obstacle } \\
& \text { problem: Find } u \in K \subset X_{0} \text { with } u(\cdot, 0)=0 \text { satisfying } \\
& \qquad 0 \in u_{t}+A u+F(u)+\partial I_{K}(u) \text { in } X_{0}^{*} \\
& \text { where } A: X_{0} \rightarrow X_{0}^{*} \text { given by } \\
& \qquad A u:=-\operatorname{div}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right) \text { for } u \in X_{0}, \\
& \text { is the double phase operator acting on } X_{0}=L^{p}\left(0, \tau ; W_{0}^{1, \mathcal{H}}(\Omega)\right) \text { with } W_{0}^{1, \mathcal{H}}(\Omega) \\
& \text { denoting the associated Musielak-Orlicz Sobolev space with generalized homo- } \\
& \text { geneous boundary values. The obstacle is represented by the closed convex set } \\
& K \text { with the obstacle function } \psi \text { through } \\
& \qquad K=\left\{v \in X_{0}: v(x, t) \leq \psi(x, t) \text { for a.a. }(x, t) \in Q=\Omega \times(0, \tau)\right\}
\end{aligned}
$$

and $I_{K}$ is the indicator function related to $K$ with $\partial I_{K}$ denoting its subdifferential in the sense of convex analysis.

## 1. Introduction and Main Results

Let $\Omega \subset \mathbb{R}^{N}$ be a bounded domain with Lipschitz boundary $\partial \Omega$ and $Q=\Omega \times$ $(0, \tau), \tau>0$, the space-time cylindrical domain. In this paper we consider the following parabolic obstacle problem: Find $u \in K \subset X_{0}$ with $u(\cdot, 0)=0$ such that

$$
\begin{equation*}
0 \in u_{t}+A u+F(u)+\partial I_{K}(u) \quad \text { in } X_{0}^{*} \tag{1.1}
\end{equation*}
$$

where $A: X_{0} \rightarrow X_{0}^{*}$ given by

$$
A u:=-\operatorname{div}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right) \quad \text { for } u \in X_{0},
$$

is the double phase operator acting on $X_{0}=L^{p}\left(0, \tau ; W_{0}^{1, \mathcal{H}}(\Omega)\right)$ with $W_{0}^{1, \mathcal{H}}(\Omega)$ denoting the associated Musielak-Orlicz Sobolev space with generalized homogeneous boundary values which is a closed subspace of the Musielak-Orlicz Sobolev space $W^{1, \mathcal{H}}(\Omega)$ whose precise definition is provided in Section 2. The obstacle is represented by the closed convex set $K$ with the obstacle function $\psi$ through

$$
K=\left\{v \in X_{0}: v(x, t) \leq \psi(x, t) \text { for a.a. }(x, t) \in Q\right\}
$$

and $I_{K}$ is the indicator function related to $K$ with $\partial I_{K}$ denoting its subdifferential in the sense of convex analysis. The time derivative $u_{t}:=\frac{\mathrm{d} u(\cdot, t)}{\mathrm{d} t}$ is understood as the distributional time-derivative of the vector space-valued function $t \mapsto u(\cdot, t) \in$ $W_{0}^{1, \mathcal{H}}(\Omega)$ with $t \in(0, \tau)$. By definition of the subdifferential $\partial I_{K}$, the obstacle

[^0]problem (1.1) is equivalent to the following parabolic variational inequality: Find $u \in K$ with $u(\cdot, 0)=0$ such that
\[

$$
\begin{equation*}
\left\langle u_{t}+A u+F(u), v-u\right\rangle \geq 0 \quad \text { for all } v \in K \tag{1.2}
\end{equation*}
$$

\]

where $\langle\cdot, \cdot\rangle$ denotes the duality pairing between $X_{0}$ and its dual $X_{0}^{*}$, and $F$ is the Nemytskij operator generated by the nonlinearity $f: Q \times \mathbb{R} \rightarrow \mathbb{R}$ through $F(u)(x, t)=f(x, t, u(x, t))$. Let us introduce the function spaces $Y_{0}$ and $Y$ by means of $X_{0}$ and $X=L^{p}\left(0, \tau ; W^{1, \mathcal{H}}(\Omega)\right)$, respectively, as follows

$$
Y_{0}=\left\{u \in X_{0}: u_{t} \in X_{0}^{*}\right\} \quad \text { and } \quad Y=\left\{u \in X: u_{t} \in X^{*}\right\}
$$

It will be seen that $Y_{0}$ and $Y$ are separable, uniformly convex Banach spaces equipped with the norms

$$
\|u\|_{Y_{0}}=\|u\|_{X_{0}}+\left\|u_{t}\right\|_{X_{0}^{*}} \quad \text { and } \quad\|u\|_{Y}=\|u\|_{X}+\left\|u_{t}\right\|_{X^{*}}
$$

where $\|\cdot\|_{X_{0}},\|\cdot\|_{X}$ are defined by

$$
\|u\|_{X_{0}}=\left(\int_{0}^{\tau}\|u(\cdot, t)\|_{V_{0}}^{p} \mathrm{~d} t\right)^{\frac{1}{p}}, \quad\|u\|_{X}=\left(\int_{0}^{\tau}\|u(\cdot, t)\|_{V}^{p} \mathrm{~d} t\right)^{\frac{1}{p}}
$$

with $\|\cdot\|_{V_{0}},\|\cdot\|_{V}$ being the norms in $V_{0}:=W_{0}^{1, \mathcal{H}}(\Omega), V:=W^{1, \mathcal{H}}(\Omega)$, respectively, and $X_{0}^{*}=L^{p^{\prime}}\left(0, \tau ;\left(W_{0}^{1, \mathcal{H}}(\Omega)\right)^{*}\right)$ and $X^{*}=L^{p^{\prime}}\left(0, \tau ;\left(W^{1, \mathcal{H}}(\Omega)\right)^{*}\right)$ are equipped with the norms $\|\cdot\|_{X_{0}^{*}}$ and $\|\cdot\|_{X^{*}}$, given by

$$
\|u\|_{X_{0}^{*}}=\left(\int_{0}^{\tau}\|u(\cdot, t)\|_{V_{0}^{*}}^{p^{\prime}} \mathrm{d} t\right)^{\frac{1}{p^{\prime}}}, \quad\|u\|_{X}=\left(\int_{0}^{\tau}\|u(\cdot, t)\|_{V^{*}}^{p^{\prime}} \mathrm{d} t\right)^{\frac{1}{p^{\prime}}}
$$

with $\frac{1}{p}+\frac{1}{p^{\prime}}=1$. We assume the following hypotheses on the data of the variational inequality (1.2):
(H1) $2 \leq p<N, p<q<p^{*}=\frac{N p}{N-p}$ and $0 \leq \mu(\cdot) \in L^{\infty}(\Omega)$;
(H2) the obstacle function $\psi: Q \rightarrow \mathbb{R}$ is supposed to satisfy

$$
\begin{aligned}
& \psi \in Y, \quad \psi(\cdot, 0) \geq 0 \quad \text { in } \Omega,\left.\quad \psi\right|_{\Sigma} \geq 0 \\
& \left\langle\psi_{t}+A \psi, \varphi\right\rangle \geq 0 \quad \text { for all } \varphi \in X_{0} \text { with } \varphi \geq 0
\end{aligned}
$$

with $\Sigma$ being the lateral boundary of $Q$;
(H3) $f: Q \times \mathbb{R} \rightarrow \mathbb{R}$ is a Carathéodory function, that is, $(x, t) \mapsto f(x, t, s)$ is measurable in $Q$ for all $s \in \mathbb{R}$ and $s \mapsto f(x, t, s)$ is continuous in $\mathbb{R}$ for a.a. $(x, t) \in Q$. Further, $f$ satisfies the following growth condition

$$
\begin{equation*}
|f(x, t, s)| \leq \alpha(x, t)+\beta|s|^{p-1} \tag{1.3}
\end{equation*}
$$

for a.a. $(x, t) \in Q$ and for all $s \in \mathbb{R}$ where $\alpha \in L^{p^{\prime}}(Q)$ as well as $\beta \geq 0$.
Definition 1.1. A function $u \in Y_{0} \cap K$ is called a solution of the obstacle problem (1.1) (resp. (1.2)) if $u(\cdot, 0)=0$ and the variational inequality

$$
\begin{aligned}
& \left\langle u_{t}, v-u\right\rangle+\int_{Q}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right) \cdot(\nabla v-\nabla u) \mathrm{d} x \mathrm{~d} t \\
& +\int_{Q} F(u)(v-u) \mathrm{d} x \mathrm{~d} t \geq 0 \quad \text { for all } v \in K,
\end{aligned}
$$

is satisfied.
The main result in this paper reads as follows.

Theorem 1.2. Assume hypotheses (H1)-(H3) and suppose that

$$
\begin{equation*}
\frac{1}{\|u\|_{X_{0}}}\langle A u+F(u), u\rangle \rightarrow \infty \quad \text { as }\|u\|_{X_{0}} \rightarrow \infty \tag{1.4}
\end{equation*}
$$

is satisfied. Then the parabolic obstacle problem (1.1) (resp. (1.2)) admits at least one solution $u \in Y_{0}$.

The study of variational inequalities dates its origins back to the calculus of variations, however its systematic development only began in the 1960s, initiated by the works of Fichera [18] and Stampacchia [33, 34], which was motivated by problems in mechanics, like obstacle problems in elasticity. Following the groundbreaking contributions of Lions-Stampacchia [26], the exploration of variational inequalities gained strong development, evolving into a significant domain within nonlinear analysis, calculus of variations, optimization theory, and various branches of mechanics, mathematical physics and engineering.

In recent years elliptic as well as parabolic problems governed by the double phase operator

$$
A u:=-\operatorname{div}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right)
$$

and variants of it have gained increasing importance due to its applications in various fields of applied sciences such as nonlinear elasticity theory of composite materials (see e.g. Zhikov [45, 46]), on transonic flows (see e.g. Bahrouni-RădulescuRepovš [4]), on quantum physics (see e.g. Benci-D'Avenia-Fortunato-Pisani [5]), on stationary reaction diffusion systems (see e.g. Cherfils-Il'yasov [15]), image noise removal and image processing (see e.g. Kbiri Alaoui-Nabil-Altanji [1], Charkaoui-Ben-Loghfyry-Zeng [14], Chen-Levine [16], Harjulehto-Hästö [21], Harjulehto-Hästö-Latvala-Toivanen [22] and $\mathrm{Li}-\mathrm{Li}-\mathrm{Pi}$ [24]), or heat diffusion in materials with heterogeneous thermal properties (see e.g. Arora-Shmarev [2]). A comprehensive review of the current state of the theory concerning elliptic variational problems with nonstandard growth conditions including double phase problems is given in Mingione-Rădulescu [29]. The ability to capture different behaviors of the specific medium in different regions makes the double phase operator a powerful tool. The origin of the double phase operator is related with the following 'energy functional'

$$
\Phi(u)=\int_{\Omega}\left(|\nabla u|^{p}+\mu(x)|\nabla u|^{q}\right) \mathrm{d} x, \quad u \in W_{0}^{1, \mathcal{H}}(\Omega),
$$

which was first introduced by Zhikov (see [45, 46]) to describe models for strongly anisotropic materials. It describes the phenomenon that the energy density changes its ellipticity and growth properties according to the point $x \in \Omega$. In nonlinear elasticity theory the functional $\Phi$ can be used as a model for composite media with different hardening exponents p and q . The geometry of the mixture of the two materials is then described by the zero set $\{x \in \Omega: \mu(x)=0\}$ of the modulating coefficient $x \mapsto \mu(x)$, where the transition from q -growth to p -growth takes place. That is why $\Phi$ is called double phase functional.

In order to get an idea of how the double phase integral is related to the double phase operator, let $\Omega$ be some composite material, which undergoes deformation by exerting an external force $f$, which may nonlinearly depend on the deformation $u(x)$, that is $x \mapsto f(x, u(x))$. Then the total energy $E$ stored is mathematically
described by

$$
\begin{equation*}
E(u)=\int_{\Omega}\left(\frac{1}{p}|\nabla u|^{p}+\frac{1}{q} \mu(x)|\nabla u|^{q}\right) \mathrm{d} x+\int_{\Omega} G(x, u) \mathrm{d} x, \quad u \in W_{0}^{1, \mathcal{H}}(\Omega) \tag{1.5}
\end{equation*}
$$

where $G(x, u)=\int_{0}^{u} f(x, s) \mathrm{d} s$ is the primitive of $f$. Note that the first integral on the right-hand side of (1.5) is basically a multiple of $\Phi$, which is immaterial with respect to the energy balance. According to fundamental physical principle, the deformation $u$ we are looking for is obtained by minimizing the energy functional, that is, we need to solve the minimization problem: Find $u \in W_{0}^{1, \mathcal{H}}(\Omega)$ such that

$$
E(u)=\inf _{v \in W_{0}^{1, \mathcal{H}}(\Omega)} E(v) .
$$

Since $E: W_{0}^{1, \mathcal{H}}(\Omega) \rightarrow \mathbb{R}$ is a $C^{1}$-functional, which - under certain growth restrictions on $s \mapsto f(x, s)$ - is bounded below, coercive, and weakly lower semicontinuous, such that a global minimizer exists. Therefore, a necessary condition is $E^{\prime}(u)=0$, where $E^{\prime}$ denotes the Frechet derivative of $E$, that is,

$$
\begin{equation*}
\left\langle E^{\prime}(u), \varphi\right\rangle=0 \quad \text { for all } \varphi \in W_{0}^{1, \mathcal{H}}(\Omega) \tag{1.6}
\end{equation*}
$$

where here $\langle\cdot, \cdot\rangle$ denotes the duality pairing between $W_{0}^{1, \mathcal{H}}(\Omega)$ and its dual space. Calculating the Frechet derivative (1.6) becomes

$$
\int_{\Omega}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right) \cdot \nabla \varphi \mathrm{d} x+\int_{\Omega} f(x, u) \varphi \mathrm{d} x=0
$$

for all $\varphi \in W_{0}^{1, \mathcal{H}}(\Omega)$, which is nothing but the weak formulation of the following Dirichlet problem

$$
A u+f(x, u)=0 \quad \text { in } \Omega, \quad u=0 \quad \text { on } \partial \Omega
$$

where $A$ is the double phase operator.
Now consider the problem of deformation of the composite material under an additional constraint given by an obstacle $K$ of the form

$$
K=\left\{v \in W_{0}^{1, \mathcal{H}}(\Omega): v(x) \leq \psi(x) \text { for } x \in \Omega\right\}
$$

which means, we are looking for deformations $u$ that, in addition, satisfy $u(x) \leq$ $\psi(x)$. In this situation the deformation is obtained as the solution of the following minimization problem under constraint: Find $u \in K$ such that

$$
\begin{equation*}
E(u)=\inf _{v \in K} E(v)=\inf _{v \in W_{0}^{1, \mathcal{H}}(\Omega)}\left[E(v)+I_{K}(v)\right] \tag{1.7}
\end{equation*}
$$

where $I_{K}$ is the indicator function related to $K$. By standard variational calculus, a necessary condition for finding $u$ satisfying (1.7) is the following variational inequality: Find $u \in K$ such that

$$
\left\langle E^{\prime}(u), v-u\right\rangle \geq 0 \quad \text { for all } v \in K
$$

which is equivalent to the following elliptic double phase variational inequality

$$
\begin{align*}
& \int_{\Omega}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right) \cdot \nabla(v-u) \mathrm{d} x  \tag{1.8}\\
& +\int_{\Omega} f(x, u)(v-u) \mathrm{d} x \geq 0 \quad \text { for all } v \in K
\end{align*}
$$

In this paper we consider the evolutionary counterpart of the elliptic double phase variational inequality (1.8), which is the parabolic double phase variational
inequality (1.2). Consider first the following Cauchy-Dirichlet problem for the parabolic double phase equation

$$
u_{t}+A u+F(u)=0 \text { in } Q, \quad u=0 \text { on } \partial \Omega \times(0, \tau), u(x, 0)=u_{0}(x) \text { in } \Omega
$$

Existence results for the Cauchy-Dirichlet problem of the parabolic double phase equation under homogeneous Dirichlet data on the lateral boundary $\partial \Omega \times(0, \tau)$ have been obtained e.g. by Arora-Shmarev [2] and Bögelein-Duzaar-Marcellini [8]. Similaraly as in the stationary case considered before, this kind of problems may be used e.g. as a mathematical model describing the thermal diffusion in heterogeneous media, where the heat conduction in composite materials with varying thermal properties is described through the double phase operator $A$. In this context, the parabolic double phase variational inequality (1.2) stands for a heat conduction model in some composite materials with varying thermal properties under the additional constraint given by $K$.

Unlike in the treatment of an elliptic double phase obstacle problem, in the treatment of the evolutionary obstacle problem considered here an additional difficulty arises, which is due to the subdifferential of the indicator function $\partial I_{K}$ in (1.1). Because of this no growth condition can be assumed on $\partial I_{K}$, and thus, in general there is no growth estimate of the time derivative $u_{t}$ in the dual space $X_{0}^{*}$ available, which would be needed for proving existence of solutions. In case that $K$ admits a nonempty interior, that is, $\operatorname{int}(K) \neq \emptyset$, this difficulty can be overcome by applying Rockafellar's theorem about the sums of maximal monotone operators, which allows to study evolutionary variational inequalities by implementation of arguments and results for elliptic variational inequalities to evolutionary variational inequalities. Unfortunately, the interior of the constraint $K$ we are dealing with is empty, i.e., $\operatorname{int}(K)=\emptyset$, and therefore a similar approach as for elliptic variational inequalities cannot be applied. Instead, we are dealing with this difficulty by using a penalty technique.

As far as we know this is the first work dealing with existence results for parabolic double phase obstacle problems. Our main goal is to establish a functional analytic framework and derive existence results for parabolic double phase obstacle problems (1.1), resp. (1.2).

In the case of parabolic double phase equations we refer to the work of AroraShmarev [2] who considered parabolic equations of the form

$$
u_{t}-\operatorname{div}\left(|\nabla u|^{p(z)-2} \nabla u+a(z)|\nabla u|^{q(z)-2} \nabla u\right)=F(x, u, \nabla u) \quad \text { in } Q_{T}=\Omega \times(0, T)
$$

for $z=(x, t) \in Q$ with

$$
\frac{2 N}{N+2}<p^{-} \leq p(z) \leq q(z)<p(z)+\frac{r^{*}}{2}, \quad r^{*}=r^{*}\left(p^{-}, N\right), \quad p^{-}=\min _{\bar{Q}_{T}} p(z)
$$

Under certain conditions on the right-hand side the existence of a unique solution has been shown. The same authors [3] obtained the unique strong solution with a certain kind of regularity to the parabolic equation

$$
u_{t}-\operatorname{div}\left(a(z)|\nabla u|^{p(z)-2} \nabla u+b(z)|\nabla u|^{q(z)-2} \nabla u\right)=f
$$

for $z=(x, t) \in Q_{T}=\Omega \times(0, T)$. Yuan-Ge-Cao-Zhang [35] proved the existence of solutions for parabolic problems with the limiting case of double phase flux given
by

$$
\begin{cases}u_{t}-\operatorname{div}\left(\frac{D u}{|D u|}+\mu(x) \frac{D u}{|D u|}\right)=f(x, u) & \text { in } \Omega \times(0,+\infty) \\ u=0 & \text { in } \partial \Omega \times(0,+\infty) \\ u(x, 0)=u_{0}(x) & \text { in } \Omega\end{cases}
$$

with a Carathéodory function $f: \Omega \times \mathbb{R} \rightarrow \mathbb{R}$ that fulfills the Ambrosetti-Rabinowitz condition. Finally, we mention some works dealing with regularity results for local and nonlocal parabolic double phase type, see, for example, BuryachenkoSkrypnik [9] (local continuity and Harnack's inequality for parabolic double phase equations), Giacomoni-Kumar-Sreenadh [19] (Hölder regularity results for nonlocal parabolic double phase problems), Grimaldi-Ipocoana [20] (higher differentiability results), Kim-Kinnunen-Moring [23] (gradient higher integrability for degenerate parabolic double phase systems), Meng-Zhang [28] (asymptotic mean value properties), Prasad-Tewary [30] (local boundedness to nonlocal parabolic double phase equations), Savchenko-Skrypnik-Yevgenieva [31] (Harnack's inequality for degenerate parabolic double phase equations under the non-logarithmic Zhikov's condition), Shang-Zhang [32] (regularity for mixed local and nonlocal parabolic double phase equations) and the references therein. In the case of elliptic double phase obstacle problems there are some more references in the direction of existence results and regularity properties. We mention, for example, the papers of Byun-Cho-Oh [11], Byun-Liang-Zheng [10], Zeng-Bai-Gasiński-Winkert [38], Zeng-Bai-RădulescuWinkert [39], Zeng-Gasiński-Winkert-Bai [40], Zeng-Rădulescu-Winkert [41, 42, 43], Zhao-Zheng [44], see also the references therein.

The paper is organized as follows. In Section 2 we present the underlying function spaces and some auxiliary results about certain parabolic embeddings as well as properties of the penalty operator. Section 3 is concerned with the proof of Theorem 1.2 based on surjectivity results for pseudomonotone operators along with a penalty technique. Finally, in Section 4 we state the notion of sub-supersolutions to (1.1), give sufficient conditions for the existence of it (see Lemmas 4.3, 4.4) and prove an existence result for (1.1) for a given ordered pair of sub-supersolutions, see Theorem 4.5.

## 2. Preliminaries

In this section we introduce the Musielak-Orlicz spaces $L^{\mathcal{H}}(\Omega)$ and $W^{1, \mathcal{H}}(\Omega)$, $W_{0}^{1, \mathcal{H}}(\Omega)$ and summarize some of their relevant properties. Further, based on the Musielak-Orlicz spaces we are going to characterize the space-time function spaces $X, X_{0}, Y$, and $Y_{0}$.

Suppose (H1) and consider the nonlinear function $\mathcal{H}: \Omega \times[0, \infty) \rightarrow[0, \infty)$ given by

$$
\mathcal{H}(x, s)=s^{p}+\mu(x) s^{q}
$$

then the Musielak-Orlicz spaces $L^{\mathcal{H}}(\Omega)$ is defined by

$$
L^{\mathcal{H}}(\Omega)=\left\{u: \Omega \rightarrow \mathbb{R} \text { measurable and } \rho_{\mathcal{H}}(u):=\int_{\Omega} \mathcal{H}(x,|u|) \mathrm{d} x<+\infty\right\}
$$

equipped with the Luxemburg norm

$$
\|u\|_{\mathcal{H}}=\inf \left\{\lambda>0: \rho_{\mathcal{H}}\left(\frac{u}{\lambda}\right) \leq 1\right\}
$$

The space $L^{\mathcal{H}}(\Omega)$ is separable and uniformly convex and thus a reflexive Banach space. Further let us introduce the weighted space $L_{\mu}^{q}(\Omega)$ defined by

$$
L_{\mu}^{q}(\Omega)=\left\{u: \Omega \rightarrow \mathbb{R} \text { measurable and } \int_{\Omega} \mu(x)|u|^{q} \mathrm{~d} x<+\infty\right\}
$$

equipped with the seminorm $\|\cdot\|_{q, \mu}$ given by

$$
\|u\|_{q, \mu}=\left(\int_{\Omega} \mu(x)|u|^{q} \mathrm{~d} x\right)^{\frac{1}{q}}
$$

Denote by $L^{r}(U)$ the usual Lebesgue spaces equipped with the norm $\|\cdot\|_{r, U}$, then one readily verifies the following continuous embeddings to hold true

$$
L^{q}(\Omega) \hookrightarrow L^{\mathcal{H}}(\Omega) \hookrightarrow L^{p}(\Omega) \cap L_{\mu}^{q}(\Omega)
$$

The relation between the norm $\|\cdot\|_{\mathcal{H}}$ and the $\mathcal{H}$-modular $\rho_{\mathcal{H}}$ are summarized in the following proposition, see Liu-Dai [27, Proposition 2.1] or Crespo-Blanco-Gasiński-Harjulehto-Winkert [17, Proposition 2.13].
Proposition 2.1. Under hypothesis (H1) the following relations hold true:
(i) $\|u\|_{\mathcal{H}}=a \neq 0 \Longleftrightarrow \rho_{\mathcal{H}}\left(\frac{u}{a}\right)=1$;
(ii) $\|u\|_{\mathcal{H}}<1$ (resp. $\left.\|u\|_{\mathcal{H}}=1,\|u\|_{\mathcal{H}}>1\right) \Longleftrightarrow \rho_{\mathcal{H}}(u)<1$ (resp. $\rho_{\mathcal{H}}(u)=1$, $\left.\rho_{\mathcal{H}}(u)>1\right) ;$
(iii) $\|u\|_{\mathcal{H}}<1 \Longrightarrow\|u\|_{\mathcal{H}}^{q} \leq \rho_{\mathcal{H}}(u) \leq\|u\|_{\mathcal{H}}^{p}$,
(iv) $\|u\|_{\mathcal{H}}>1 \Longrightarrow\|u\|_{\mathcal{H}}^{p} \leq \rho_{\mathcal{H}}(u) \leq\|u\|_{\mathcal{H}}^{q}$;
(v) $\|u\|_{\mathcal{H}} \rightarrow 0 \Longleftrightarrow \rho_{\mathcal{H}}(u) \rightarrow 0,\|u\|_{\mathcal{H}} \rightarrow+\infty \Longleftrightarrow \rho_{\mathcal{H}}(u) \rightarrow+\infty$.

The Musielak-Orlicz Sobolev space $V:=W^{1, \mathcal{H}}(\Omega)$ is defined by

$$
W^{1, \mathcal{H}}(\Omega)=\left\{u \in L^{\mathcal{H}}(\Omega):|\nabla u| \in L^{\mathcal{H}}(\Omega)\right\}
$$

equipped with the norm

$$
\|u\|_{V}=\|u\|_{\mathcal{H}}+\|\nabla u\|_{\mathcal{H}}
$$

and its subspace $V_{0}:=W_{0}^{1, \mathcal{H}}(\Omega)$, whose functions have generalized homogeneous boundary values, is defined as the completion of $C_{c}^{\infty}(\Omega)$ with respect to the norm $\|\cdot\|_{V}$, that is

$$
V_{0}:=W_{0}^{1, \mathcal{H}}(\Omega)={\overline{C_{c}^{\infty}(\Omega)}}^{\|\cdot\|_{V}}
$$

As $L^{\mathcal{H}}(\Omega)$ is separable and uniformly convex, the Musielak-Orlicz Sobolev spaces $V$ and $V_{0}$ are separable and uniformly convex as well, and thus reflexive. Moreover, the following proposition holds, see Crespo-Blanco-Gasiński-Harjulehto-Winkert [17, Propositions 2.16 and 2.18].
Proposition 2.2. Suppose hypothesis (H1) is satisfied.
(i) Continuous embedding: $V_{0} \hookrightarrow L^{r}(\Omega)$ for all $r \in\left[1, p^{*}\right]$ with $p^{*}=\frac{N p}{N-p}$ being the critical Sobolev exponent;
(ii) Compact embedding: $V_{0} \hookrightarrow \hookrightarrow L^{r}(\Omega)$ for all $r \in\left[1, p^{*}\right)$;
(iii) Equivalent norm in $V_{0}:\|u\|_{V_{0}}=\|\nabla u\|_{\mathcal{H}}$ for all $u \in V_{0}$.

The double phase operator $A u:=-\operatorname{div}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right)$ generates a mapping (again denoted by $A$ ) from $V_{0}$ to its dual $V_{0}^{*}$ defined by

$$
\begin{equation*}
\langle A u, \varphi\rangle=\int_{\Omega}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right) \cdot \nabla \varphi \mathrm{d} x \tag{2.1}
\end{equation*}
$$

for all $u, \varphi \in V_{0}$, where $\langle\cdot, \cdot\rangle$ denotes the duality pairing between $V_{0}^{*}$ and $V_{0}$. From Theorem 3.3 and its proof in Crespo-Blanco-Gasiński-Harjulehto-Winkert [17] we deduce the following properties of $A$.

Proposition 2.3. The double phase operator A defined by (2.1) satisfies:
(i) $A: V_{0} \rightarrow V_{0}^{*}$ is continuous, bounded, and strictly monotone;
(ii) $A$ is of type $\left(\mathrm{S}_{+}\right)$, that is, if $u_{n} \rightharpoonup u$ (weakly) in $V_{0}$ and

$$
\limsup _{n \rightarrow \infty}\left\langle A u_{n}, u_{n}-u\right\rangle \leq 0
$$

then $u_{n} \rightarrow u$ (strongly) in $V_{0}$;
(iii) $\|A u\|_{V_{0}^{*}} \leq 2\|u\|_{V_{0}}$ for all $u \in V_{0}$.

With the notations $V:=W^{1, \mathcal{H}}(\Omega)$ and $V_{0}:=W_{0}^{1, \mathcal{H}}(\Omega)$ and the properties of the Musielak-Orlicz Sobolev spaces $V$ and $V_{0}$, the Lebesgue spaces $X=L^{p}(0, \tau ; V)$, $X_{0}=L^{p}\left(0, \tau ; V_{0}\right)$ and $Y$ and $Y_{0}$ as introduced already in Section 1 are separable, and uniformly convex, and thus reflexive Banach spaces, see e.g. Zeidler [36, Proposition 23.2, Proposition 23.7].

For $s \in \mathbb{R}$, we set $s^{ \pm}=\max \{ \pm s, 0\}$. Note that the Musielak-Orlicz Sobolev space spaces $V_{0}$ and $V$ have lattice structure and are closed under max and min operators (see Crespo-Blanco-Gasiński-Harjulehto-Winkert [17, Proposition 2.17]), which implies that the corresponding Lebesgue space $X_{0}$ and $X$ have lattice structure as well and are closed under max and min operators.

Lemma 2.4. Assume hypothesis (H1). Then the following assertions hold true:
(i) $V_{0} \hookrightarrow L^{2}(\Omega) \hookrightarrow V_{0}^{*}$ forms an evolution triple;
(ii) Continuous embedding: $Y_{0} \hookrightarrow C\left([0, \tau] ; L^{2}(\Omega)\right.$;
(iii) Let $u \in Y_{0}$, then the following integration by parts formula is valid

$$
\int_{0}^{\tau}\left\langle u_{t}(\cdot, t), u(\cdot, t)\right\rangle \mathrm{d} t=\frac{1}{2}\left(\|u(\cdot, \tau)\|_{2, \Omega}^{2}-\|u(\cdot, 0)\|_{2, \Omega}^{2}\right)
$$

(iv) Let $u \in Y_{0}$, then it holds

$$
\int_{0}^{\tau}\left\langle u_{t}(\cdot, t), u(\cdot, t)^{+}\right\rangle \mathrm{d} t=\frac{1}{2}\left(\left\|u(\cdot, \tau)^{+}\right\|_{2, \Omega}^{2}-\left\|u(\cdot, 0)^{+}\right\|_{2, \Omega}^{2}\right)
$$

Proof. (i) $V_{0}$ is a separable and reflexive (even uniformly convex) Banach space, which by Proposition 2.2 (ii) is compactly embedded in the Hilbert space $L^{2}(\Omega)$, and moreover $V_{0}$ is dense in $L^{2}(\Omega)$.
(ii) and (iii) are immediate consequences of Proposition 23.23 in Zeidler [36].
(iv) In a similar way as in the proof of Lemma 2.146 in Carl-Le-Motreanu [13] one obtains this formula by regularization and density arguments.
Remark 2.5. Clearly, Lemma 2.4 remains true if $V_{0}$ is replaced by $V$ and $Y_{0}$ is replaced by $Y$.

Lemma 2.6. Assume hypothesis (H1). Then the following compact embedding holds

$$
Y_{0} \hookrightarrow \hookrightarrow L^{p}\left(0, \tau ; L^{p}(\Omega)\right)=L^{p}(Q) .
$$

Proof. Since $V_{0} \hookrightarrow \hookrightarrow L^{p}(\Omega)$ and $L^{p}(\Omega) \hookrightarrow L^{p^{\prime}}(\Omega) \hookrightarrow V_{0}^{*}$ (note that $p \geq 2$ ), and thus $V_{0} \hookrightarrow \hookrightarrow L^{p}(\Omega) \hookrightarrow V_{0}^{*}$, we may apply the Lions-Aubin Theorem (see e.g. CarlLe [12, Theorem 2.52]), which results in $Y_{0} \hookrightarrow \hookrightarrow L^{p}(Q)$.

By means of the obstacle function $\psi$ we define an operator $P$ through

$$
\begin{equation*}
\langle P(u), \varphi\rangle=\int_{Q}\left[(u-\psi)^{+}\right]^{p-1} \varphi \mathrm{~d} x \mathrm{~d} t \quad \text { for all } u, \varphi \in X_{0} \tag{2.2}
\end{equation*}
$$

Lemma 2.7. The operator $P: X_{0} \rightarrow X_{0}^{*}$ is bounded, continuous and monotone, and satisfies

$$
\begin{equation*}
P(u)=0 \quad \Longleftrightarrow \quad u \in K \tag{2.3}
\end{equation*}
$$

that is, $P$ is a penalty operator associated with $K$.
Proof. We define the function

$$
g(x, t, s)=\left[(s-\psi(x, t))^{+}\right]^{p-1}
$$

which is readily seen to be a Carathéodory function and has the growth

$$
|g(x, t, s)| \leq(|\psi(x, t)|+|s|)^{p-1} \leq k(x, t)+c|s|^{p-1}
$$

for a.a. $(x, t) \in Q$, for all $s \in \mathbb{R}$ where $k \in L^{p^{\prime}}(Q)$ and $c \geq 0$. Furthermore, $s \mapsto g(x, t, s)$ is monotone nondecreasing. Thus the associated Nemytskij operator $G(u)(x, t)=g(x, t, u(x, t))$ defines a monotone and continuous mapping $G: L^{p}(Q) \rightarrow L^{p^{\prime}}(Q)$. From the continuous embedding $V_{0} \hookrightarrow L^{p}(\Omega)$ it follows that $i: X_{0} \hookrightarrow L^{p}(Q)$ as well as the adjoint $i^{*}: L^{p^{\prime}}(Q) \hookrightarrow X_{0}^{*}$ are continuous too. Hence

$$
P=i^{*} \circ G \circ i: X_{0} \rightarrow X_{0}^{*}
$$

is a bounded, continuous and monotone operator. Let us prove (2.3). If $u \in K$, then $(u-\psi)^{+}=0$ and thus $\langle P(u), \varphi\rangle=0$ for all $\varphi \in X_{0}$, that is $P(u)=0$. Conversely, let $P(u)=0$, which yields

$$
0=\langle P(u), \varphi\rangle=\int_{Q}\left[(u-\psi)^{+}\right]^{p-1} \varphi \mathrm{~d} x \mathrm{~d} t \quad \text { for all } \varphi \in X_{0}
$$

In particular also for $\varphi=(u-\psi)^{+} \in X_{0}$, which implies

$$
\int_{Q}\left[(u-\psi)^{+}\right]^{p} \mathrm{~d} x \mathrm{~d} t=0
$$

Therefore $(u-\psi)^{+}=0$, that is, $u \in K$.
Lemma 2.8. The penalty operator $P: X_{0} \rightarrow X_{0}^{*}$ defined by (2.2) fulfills the inequality

$$
\left\langle P(u),(u-\psi)^{+}\right\rangle \geq d\|P(u)\|_{X_{0}^{*}}\left\|(u-\psi)^{+}\right\|_{p, Q}
$$

with $d>0$.

Proof. From (2.2) we get

$$
\begin{equation*}
\left\langle P(u),(u-\psi)^{+}\right\rangle=\left\|(u-\psi)^{+}\right\|_{p, Q}^{p} . \tag{2.4}
\end{equation*}
$$

Applying Hölder's inequality and the continuous embedding $X_{0} \hookrightarrow L^{p}(Q)$ we obtain

$$
\begin{aligned}
|\langle P(u), \varphi\rangle| & \leq \int_{Q}\left[(u-\psi)^{+}\right]^{p-1}|\varphi| \mathrm{d} x \mathrm{~d} t \\
& \leq\left\|(u-\psi)^{+}\right\|_{p, Q}^{p-1}\|\varphi\|_{p, Q} \\
& \leq c\left\|(u-\psi)^{+}\right\|_{p, Q}^{p-1}\|\varphi\|_{X_{0}} \quad \text { for all } \varphi \in X_{0}
\end{aligned}
$$

and thus

$$
\begin{equation*}
\|P(u)\|_{X_{0}^{*}} \leq c\left\|(u-\psi)^{+}\right\|_{p, Q}^{p-1} \tag{2.5}
\end{equation*}
$$

From (2.4) and (2.5) it follows

$$
\left\langle P(u),(u-\psi)^{+}\right\rangle \geq \frac{1}{c}\|P(u)\|_{X_{0}^{*}}\left\|(u-\psi)^{+}\right\|_{p, Q}
$$

which completes the proof.
Lemma 2.9. Assume (H2). Then for any $u \in Y_{0}$ with $u(\cdot, 0)=0$ one has

$$
\left\langle u_{t}+A u,(u-\psi)^{+}\right\rangle \geq 0
$$

Proof. First note that $u-\psi \in Y$ and $(u-\psi)^{+}(x, 0)=0$, which by applying the integration by parts formula (see Lemma 2.4 and Remark 2.5) yields

$$
\begin{equation*}
\left\langle(u-\psi)_{t},(u-\psi)^{+}\right\rangle=\frac{1}{2}\left\|(u-\psi)^{+}(\cdot, \tau)\right\|_{2, \Omega}^{2} \tag{2.6}
\end{equation*}
$$

With (2.6) and taking into account that the double phase operator $A$ is monotone we get

$$
\begin{aligned}
& \left\langle u_{t}+A u-\left(\psi_{t}+A \psi\right),(u-\psi)^{+}\right\rangle \\
& =\left\langle(u-\psi)_{t},(u-\psi)^{+}\right\rangle+\left\langle A u-A \psi,(u-\psi)^{+}\right\rangle \geq 0
\end{aligned}
$$

which by means of (H2) completes the proof.

## 3. Proof of Theorem 1.2

Before proving our main result we start with general considerations on an abstract evolution equation. Even though such an evolution equation is treated within the framework of a general evolution triple $V \hookrightarrow H \hookrightarrow V^{*}$ and the associated Lebesgue spaces $X=L^{p}(0, \tau ; V)$ and its dual space $X^{*}=L^{p^{\prime}}\left(0, \tau ; V^{*}\right)$ of vector valued functions, in what follows we already specify to our situation, that is, to the evolution triple

$$
V_{0} \hookrightarrow L^{2}(\Omega) \hookrightarrow V_{0}^{*},
$$

and the associated Lebesgue spaces $X_{0}, X_{0}^{*}, Y_{0}$ introduced in the preceding section. Let us consider the evolution equation

$$
\begin{equation*}
u \in Y_{0}: \quad u^{\prime}(t)+\hat{T}(t) u(t)=f(t), \quad 0<t<\tau, \quad u(0)=0 \tag{3.1}
\end{equation*}
$$

where $f \in X_{0}^{*}$ and $\hat{T}(t): V_{0} \rightarrow V_{0}^{*}$, and $u^{\prime}(t)(x)=u_{t}(x, t)$. Let $L u:=u^{\prime}=u_{t}$ be the time derivative operator with domain

$$
D(L)=\left\{u \in Y_{0}: u(0)=0\right\}
$$

Then by using Proposition 32.10 of Zeidler [37] we have the following result.

Lemma 3.1. The operator $L: D(L) \rightarrow X_{0}^{*}$ is densely defined, closed and maximal monotone.

Next, we define the operator $T$ by means of $\hat{T}$ by

$$
T(u)(t):=\hat{T}(t) u(t), \quad t \in[0, \tau]
$$

Hence the evolution equation (3.1) can equivalently be written in the form

$$
u \in D(L): \quad L u+T(u)=f \quad \text { in } X_{0}^{*}
$$

In Berkovits-Mustonen [6] it is proved that certain properties of the operator $\hat{T}(t): V_{0} \rightarrow V_{0}^{*}$ transfer to the operator $T: X_{0} \rightarrow X_{0}^{*}$. To this end let $D(L)$ be equipped with its graph norm $\|u\|_{L}=\|u\|_{X_{0}}+\|L u\|_{X_{0}^{*}}$.

## Definition 3.2.

(i) $T: X_{0} \rightarrow X_{0}^{*}$ is called pseudomonotone with respect to the graph norm topology of $D(L)$ (for short: pseudomonotone w.r.t. $D(L)$ ), if for any sequence $\left(u_{n}\right) \subset D(L)$ with $u_{n} \rightharpoonup u$ in $X_{0}, L u_{n} \rightharpoonup L u$ in $X_{0}^{*}$ and

$$
\limsup _{n \rightarrow \infty}\left\langle T\left(u_{n}\right), u_{n}-u\right\rangle \leq 0
$$

implies $T\left(u_{n}\right) \rightharpoonup T(u)$ and $\left\langle T\left(u_{n}\right), u_{n}\right\rangle \rightarrow\langle T(u), u\rangle$;
(ii) $T: X_{0} \rightarrow X_{0}^{*}$ has the $\left(\mathrm{S}_{+}\right)$-property w.r.t. $D(L)$, if $u_{n} \rightharpoonup u$ in $X_{0}, L u_{n} \rightharpoonup$ $L u$ in $X_{0}^{*}$ and $\limsup \sup _{n \rightarrow \infty}\left\langle T\left(u_{n}\right), u_{n}-u\right\rangle \leq 0$ implies $u_{n} \rightarrow u$ in $X_{0}$.

The following theorem can be found in Berkovits-Mustonen [6].

## Theorem 3.3.

(i) If $\hat{T}(t): V_{0} \rightarrow V_{0}^{*}$ is pseudomonotone for all $t \in[0, \tau]$, then $T: X_{0} \rightarrow X_{0}^{*}$ is pseudomonotone w.r.t. $D(L)$;
(ii) If $\hat{T}(t): V_{0} \rightarrow V_{0}^{*}$ has the $\left(\mathrm{S}_{+}\right)$-property for all $t \in[0, \tau]$, then $T: X_{0} \rightarrow X_{0}^{*}$ has the $\left(\mathrm{S}_{+}\right)$-property w.r.t. $D(L)$;
(iii) If

$$
\|\hat{T}(t) u\|_{V_{0}^{*}} \leq c\left(k(t)+\|u\|_{V_{0}}^{p-1}\right), \forall u \in V_{0}, \forall t \in[0, \tau]
$$

where $c>0, k \in L^{p^{\prime}}(0, \tau)$, and $t \mapsto\langle\hat{T}(t) u, v\rangle$ is measurable on $(0, \tau)$ for all $u, v \in V_{0}$, then $T: X_{0} \rightarrow X_{0}^{*}$ is bounded.

The following surjectivity theorem plays an important role in the proof of our main result, see Berkovits-Mustonen [7] or Lions [25].

Theorem 3.4. Let $T: X_{0} \rightarrow X_{0}^{*}$ be bounded, demicontinuous, and pseudomonotone w.r.t. $D(L)$. If $T$ is coercive, that is,

$$
\frac{1}{\|u\|_{X_{0}}}\langle T u, u\rangle \rightarrow \infty \quad \text { as }\|u\|_{X_{0}} \rightarrow \infty
$$

then $L+T: D(L) \rightarrow X_{0}^{*}$ is surjective, that is, $(L+T)(D(L))=X_{0}^{*}$.
Using the notations introduced above, the parabolic double phase obstacle problem (1.1) (resp. (1.2)) can be reformulated as follows: Find $u \in D(L) \cap K$ such that

$$
\left\langle u_{t}+A u+F(u), v-u\right\rangle \geq 0 \quad \text { for all } v \in K
$$

Now we can give the proof of Theorem 1.2.

Proof of Theorem 1.2. The proof is based on a penalty approach and is carried out in several steps.
Step 1: Assumption (H2) implies that the obstacle function $\psi$ is nonnegative, that is, $\psi \geq 0$, which is seen as follows. By (H2), $\psi \in Y$, and nonnegative on the parabolic boundary of $Q$, and satisfies

$$
\left\langle\psi_{t}+A \psi, \varphi\right\rangle \geq 0 \quad \text { for all } \varphi \in X_{0} \text { with } \varphi \geq 0
$$

Testing the inequality with $\varphi=\psi^{-} \in X_{0}$ we get

$$
\left\langle\psi_{t}, \psi^{-}\right\rangle+\int_{Q}\left(|\nabla \psi|^{p-2} \nabla \psi+\mu(x)|\nabla \psi|^{q-2} \nabla \psi\right) \cdot \nabla \psi^{-} \mathrm{d} x \mathrm{~d} t \geq 0
$$

By means of the integration by parts formula and taking the assumption $\psi(\cdot, 0) \geq 0$ into account we get

$$
\begin{aligned}
\left\langle\psi_{t}, \psi^{-}\right\rangle & =\left\langle\psi_{t}, \psi^{+}-\psi\right\rangle=\left\langle\psi_{t}, \psi^{+}\right\rangle-\left\langle\psi_{t}, \psi\right\rangle \\
& =\left\|\psi(\cdot, \tau)^{+}\right\|_{2, \Omega}^{2}-\left\|\psi(\cdot, 0)^{+}\right\|_{2, \Omega}^{2}-\left[\|\psi(\cdot, \tau)\|_{2, \Omega}^{2}-\|\psi(\cdot, 0)\|_{2, \Omega}^{2}\right] \\
& =\left\|\psi(\cdot, \tau)^{+}\right\|_{2, \Omega}^{2}-\|\psi(\cdot, \tau)\|_{2, \Omega}^{2} \leq 0
\end{aligned}
$$

which yields

$$
\int_{Q}\left(|\nabla \psi|^{p-2} \nabla \psi+\mu(x)|\nabla \psi|^{q-2} \nabla \psi\right) \cdot \nabla \psi^{-} \mathrm{d} x \mathrm{~d} t \geq 0
$$

Thus

$$
-\int_{Q}\left(\left|\nabla \psi^{-}\right|^{p}+\mu(x)\left|\nabla \psi^{-}\right|^{q}\right) \mathrm{d} x \mathrm{~d} t \geq 0
$$

which results in $\nabla \psi^{-}=0$, and therefore $\psi^{-}=0$, that is, $\psi \geq 0$.
Step 2: Penalty equations
For $\varepsilon>0$, we consider the following penalty equation:

$$
\begin{equation*}
u \in D(L): \quad u_{t}+A u+F(u)+\frac{1}{\varepsilon} P(u)=0 \quad \text { in } X_{0}^{*} \tag{3.2}
\end{equation*}
$$

where

$$
\begin{aligned}
\langle A u, v\rangle & =\int_{Q}\left(|\nabla u|^{p-2} \nabla u+\mu(x)|\nabla u|^{q-2} \nabla u\right) \nabla v \mathrm{~d} x \mathrm{~d} t \\
\langle F(u), v\rangle & =\int_{Q} f(x, t, u) v \mathrm{~d} x \mathrm{~d} t \\
\langle P(u), v\rangle & =\int_{Q}\left[(u-\psi)^{+}\right]^{p-1} v \mathrm{~d} x \mathrm{~d} t
\end{aligned}
$$

with $P$ being the penalty operator. From Proposition 2.3 (i), (iii), we infer that $A: X_{0} \rightarrow X_{0}^{*}$ is bounded, continuous and strictly monotone, which implies that, $A: X_{0} \rightarrow X_{0}^{*}$, is pseudomonotone in the usual sense (see e.g. Zeidler [37, Proposition 27.6 (a)]), and thus, in particular, pseudomonotone w.r.t. $D(L)$. By (H3), the Nemytskij operator $F: L^{p}(Q) \rightarrow L^{p^{\prime}}(Q)$ is continuous and bounded with the estimate

$$
\begin{aligned}
|\langle F(u), v\rangle| & \leq \int_{Q}|f(x, t, u)||v| \mathrm{d} x \mathrm{~d} t \\
& \leq \int_{Q}\left(\alpha(x, t)+\beta|u|^{p-1}\right)|v| \mathrm{d} x \mathrm{~d} t
\end{aligned}
$$

$$
\leq\left(\|\alpha\|_{p^{\prime}, Q}+\beta\|u\|_{p, Q}^{p-1}\right)\|v\|_{p, Q}
$$

and

$$
\|v\|_{p, Q}=\left(\int_{0}^{\tau} \int_{\Omega}|v(x, t)|^{p} \mathrm{~d} x \mathrm{~d} t\right)^{\frac{1}{p}} \leq c\left(\int_{0}^{\tau}\|v(\cdot, t)\|_{V_{0}}^{p} \mathrm{~d} t\right)^{\frac{1}{p}} \leq c\|v\|_{X_{0}}
$$

and thus

$$
\begin{equation*}
|\langle F(u), v\rangle| \leq c\left(\|\alpha\|_{p^{\prime}, Q}+\beta\|u\|_{p, Q}^{p-1}\right)\|v\|_{X_{0}} \tag{3.3}
\end{equation*}
$$

In view of the continuous embeddings

$$
X_{0} \hookrightarrow L^{p}(Q) \hookrightarrow L^{p^{\prime}}(Q) \hookrightarrow X_{0}^{*}
$$

and taking into account (3.3) we see that $F: X_{0} \rightarrow X_{0}^{*}$ is continuous and bounded, which along with the compact embedding $Y_{0} \hookrightarrow \hookrightarrow L^{p}(Q)$ (see Lemma 2.6) implies that $F: X_{0} \rightarrow X_{0}^{*}$ is pseudomonotone w.r.t. $D(L)$. Taking Lemma 2.7 into account, the same arguments apply to the penalty operator $P: X_{0} \rightarrow X_{0}^{*}$, which is continuous, bounded and pseudomonotone w.r.t. $D(L)$ as well. Since the sum of operators that are pseudomonotone w.r.t. $D(L)$ is again pseudomonotone w.r.t. $D(L)$, we have that $T$ given by

$$
T:=A+F+\frac{1}{\varepsilon} P: X_{0} \rightarrow X_{0}^{*}
$$

is bounded, continuous and pseudomonotone w.r.t. $D(L)$. In Step 1 we have seen that the obstacle function $\psi$ is nonnegative, and thus $0 \in K$, which implies that $\langle P(u), u\rangle \geq 0$ for all $u \in X_{0}$, and by the coercivity assumption on $A+F: X_{0} \rightarrow X_{0}^{*}$ it follows that $T: X_{0} \rightarrow X_{0}^{*}$ is coercive for any $\varepsilon>0$. Applying Theorem 3.4, for each $\varepsilon>0$ there exist solutions $u_{\varepsilon}$ of the penalty equation (3.2). Let $\left(\varepsilon_{n}\right)$ with $\varepsilon_{n} \searrow 0$ and select an associated sequence of penalty solutions $\left(u_{\varepsilon_{n}}\right):=\left(u_{n}\right)$, that is,

$$
\begin{equation*}
u_{n} \in D(L): \quad u_{n t}+A u_{n}+F\left(u_{n}\right)+\frac{1}{\varepsilon_{n}} P\left(u_{n}\right)=0 \quad \text { in } X_{0}^{*} \tag{3.4}
\end{equation*}
$$

Testing (3.4) with $\varphi=u_{n}$ we get

$$
\left\langle A u_{n}+F\left(u_{n}\right), u_{n}\right\rangle=-\frac{1}{\varepsilon_{n}}\left\langle P\left(u_{n}\right), u_{n}\right\rangle-\left\langle u_{n t}, u_{n}\right\rangle \leq 0
$$

Hence it follows

$$
\frac{1}{\left\|u_{n}\right\|_{X_{0}}}\left\langle A u_{n}+F\left(u_{n}\right), u_{n}\right\rangle \leq 0
$$

which in view of the coercivity assumption on $A+F$ implies that $\left(\left\|u_{n}\right\|_{X_{0}}\right)$ is bounded, and therefore, $\left(A u_{n}\right)$ and $\left(F\left(u_{n}\right)\right)$ are bounded in $X_{0}^{*}$. Consider next the sequence $\left(\frac{1}{\varepsilon_{n}} P\left(u_{n}\right)\right)$. By Lemma 2.8 we have

$$
\begin{equation*}
\left\langle P\left(u_{n}\right),\left(u_{n}-\psi\right)^{+}\right\rangle \geq d\left\|P\left(u_{n}\right)\right\|_{X_{0}^{*}}\left\|\left(u_{n}-\psi\right)^{+}\right\|_{p, Q} \tag{3.5}
\end{equation*}
$$

with $d>0$. Testing the penalty equation (3.4) with $\varphi=\left(u_{n}-\psi\right)^{+}$we obtain

$$
\begin{equation*}
\left\langle u_{n t}+A u_{n},\left(u_{n}-\psi\right)^{+}\right\rangle+\left\langle F\left(u_{n}\right)+\frac{1}{\varepsilon_{n}} P\left(u_{n}\right),\left(u_{n}-\psi\right)^{+}\right\rangle=0 \tag{3.6}
\end{equation*}
$$

With Lemma 2.9 and

$$
\left|\left\langle F\left(u_{n}\right),\left(u_{n}-\psi\right)^{+}\right\rangle\right| \leq c\left\|\left(u_{n}-\psi\right)^{+}\right\|_{p, Q}
$$

from (3.5) and (3.6) we obtain

$$
\frac{d}{\varepsilon_{n}}\left\|P\left(u_{n}\right)\right\|_{X_{0}^{*}}\left\|\left(u_{n}-\psi\right)^{+}\right\|_{p, Q} \leq c\left\|\left(u_{n}-\psi\right)^{+}\right\|_{p, Q}
$$

Hence

$$
\begin{equation*}
\frac{1}{\varepsilon_{n}}\left\|P\left(u_{n}\right)\right\|_{X_{0}^{*}} \leq \frac{c}{d} \quad \text { for all } \varepsilon_{n} \tag{3.7}
\end{equation*}
$$

that is, the sequence $\left(\frac{1}{\varepsilon_{n}} P\left(u_{n}\right)\right)$ is bounded in $X_{0}^{*}$. From the penalty equation we have

$$
u_{n t}=-\left(A u_{n}+F\left(u_{n}\right)+\frac{1}{\varepsilon_{n}} P\left(u_{n}\right)\right)
$$

which shows that the sequence $\left(u_{n t}\right)$ is bounded in $X_{0}^{*}$, which together with the boundedness of $\left(u_{n}\right)$ in $X_{0}$ yields that $\left(u_{n}\right)$ is bounded in $Y_{0}$. Hence there exists a subsequence (again denoted by $\left(u_{n}\right)$ ) such that

$$
\begin{equation*}
u_{n} \rightharpoonup u \quad \text { in } X_{0} \quad \text { and } \quad u_{n t} \rightharpoonup u_{t} \quad \text { in } X_{0}^{*} \tag{3.8}
\end{equation*}
$$

as $n \rightarrow \infty$ and $\varepsilon_{n} \searrow 0$. Since $D(L)$ is closed in $Y_{0}$ and convex, it is weakly closed, and therefore $u \in D(L)$.
Step 3: $u$ is a solution of the obstacle problem.
We are going to show that the weak limit $u$ is in fact a solution of the parabolic double phase obstacle problem. To this end let us first show that $P(u)=0$, and thus $u \in K$. From (3.7) we see that $P\left(u_{n}\right) \rightarrow 0$ in $X_{0}^{*}$. Since $P: X_{0} \rightarrow X_{0}^{*}$ is monotone, we get $\left\langle P(v)-P\left(u_{n}\right), v-u_{n}\right\rangle \geq 0$ for all $v \in X_{0}$ and for all $n$, which by passing to the limit as $n \rightarrow \infty$ yields

$$
\langle P(v), v-u\rangle \geq 0 \quad \text { for all } v \in X_{0}
$$

In particular, the last inequality holds for $v=u+\delta \varphi$ for any $\delta>0$ and $\varphi \in X_{0}$, which results in

$$
\langle P(u+\delta \varphi), \varphi\rangle \geq 0 \quad \text { for all } \varphi \in X_{0}
$$

Passing to the limit as $\delta \searrow 0$ we get

$$
\langle P(u), \varphi\rangle \geq 0 \quad \text { for all } \varphi \in X_{0}
$$

which implies $P(u)=0$, that is, $u \in K$.
Testing the penalty equation with $\varphi=u_{n}-u$ and using $\left\langle u_{n t}-u_{t}, u_{n}-u\right\rangle \geq 0$ one gets

$$
\begin{equation*}
\left\langle A u_{n}, u_{n}-u\right\rangle \leq-\left\langle u_{t}, u_{n}-u\right\rangle-\left\langle F\left(u_{n}\right)+\frac{1}{\varepsilon_{n}} P\left(u_{n}\right), u_{n}-u\right\rangle \tag{3.9}
\end{equation*}
$$

With (3.8) and the compact embedding $Y_{0} \hookrightarrow \hookrightarrow L^{p}(Q)$ it follows that $u_{n} \rightarrow u$ in $L^{p}(Q)$, which yields by passing to the limsup in (3.9)

$$
\begin{equation*}
\limsup _{n \rightarrow \infty}\left\langle A u_{n}, u_{n}-u\right\rangle \leq 0 \tag{3.10}
\end{equation*}
$$

From Proposition 2.3 (ii) in conjunction with Theorem 3.3 (ii) we conclude that $A: X_{0} \rightarrow X_{0}^{*}$ has the $\left(\mathrm{S}_{+}\right)$-property w.r.t. $D(L)$ (note that $\hat{A}(t) \equiv A$ ). Hence, from (3.8) and (3.10) it follows that $u_{n} \rightarrow u$ in $X_{0}$.

Let $v \in K$ be arbitrarily given. Testing the penalty equation with $\varphi=v-u_{n}$ we get

$$
\left\langle u_{n t}, v-u_{n}\right\rangle+\left\langle A u_{n}+F\left(u_{n}\right), v-u_{n}\right\rangle=\frac{1}{\varepsilon_{n}}\left\langle P(v)-P\left(u_{n}\right), v-u_{n}\right\rangle \geq 0
$$

for all $n$, which in view of $u_{n} \rightarrow u$ in $X_{0}$ and $u_{n t} \rightharpoonup u_{t}$ and passing to the limit yields

$$
\left\langle u_{t}, v-u\right\rangle+\langle A u+F(u), v-u\rangle \geq 0 \quad \text { for all } v \in K,
$$

that is, $u$ is a solution of the parabolic double phase obstacle problem.
Remark 3.5. The coercivity condition (1.4) in Theorem 1.2 is satisfied if either the coefficient $\beta>0$ in the growth condition (1.3) on $f$ is small enough, or else if condition (1.3) is replaced by the following one

$$
\begin{equation*}
|f(x, t, s)| \leq \alpha(x, t)+\beta|s|^{r-1} \quad \text { with } 1<r<p \tag{3.11}
\end{equation*}
$$

for a.a. $(x, t) \in Q$ and for all $s \in \mathbb{R}$, where $\alpha \in L^{p^{\prime}}(Q)$ and $\beta>0$ an arbitrary constant. To verify these claims, consider first $\langle A u, u\rangle$. In view of Proposition 2.1 (iii) and Proposition 2.2 (iii), we have the estimate for $\|u\|_{V_{0}}$ large

$$
\begin{equation*}
\|u\|_{V_{0}}^{p}=\|\nabla u\|_{\mathcal{H}}^{p} \leq \rho_{\mathcal{H}}(\nabla u)=\int_{\Omega}\left(|\nabla u|^{p}+\mu(x)|\nabla u|^{q}\right) \mathrm{d} x . \tag{3.12}
\end{equation*}
$$

With (3.12) we estimate

$$
\begin{aligned}
\langle A u, u\rangle & =\int_{Q}\left(|\nabla u|^{p}+\mu(x)|\nabla u|^{q}\right) \mathrm{d} x \mathrm{~d} t \\
& =\int_{0}^{\tau}\left(\int_{\Omega}\left(|\nabla u(x, t)|^{p}+\mu(x)|\nabla u(x, t)|^{q}\right) \mathrm{d} x\right) \mathrm{d} t \\
& =\int_{0}^{\tau} \rho_{\mathcal{H}}(\nabla u(\cdot, t)) \mathrm{d} t \geq \int_{0}^{\tau}\|u(\cdot, t)\|_{V_{0}}^{p} \mathrm{~d} t \geq\|u\|_{X_{0}}^{p} .
\end{aligned}
$$

With the growth condition (1.3) we get

$$
|\langle F(u), u\rangle| \leq\|\alpha\|_{p^{\prime}, Q}\|u\|_{p, Q}+\beta\|u\|_{p, Q}^{p}
$$

and thus due to $\|u\|_{p, Q}^{p} \leq c\|u\|_{X_{0}}^{p}$, one gets

$$
|\langle F(u), u\rangle| \leq\|\alpha\|_{p^{\prime}, Q}\|u\|_{p, Q}+c \beta\|u\|_{X_{0}}^{p} .
$$

Hence for $\|u\|_{X_{0}}$ large we obtain

$$
\frac{1}{\|u\|_{X_{0}}}\langle A u+F(u), u\rangle \geq\|u\|_{X_{0}}^{p-1}-c \beta\|u\|_{X_{0}}^{p-1}-c\|\alpha\|_{p^{\prime}, Q}
$$

which for $\beta>0$ small such that $c \beta<1$ implies coercivity.
In case (3.11) is assumed we have the estimate for any $\varepsilon>0$

$$
\begin{aligned}
|\langle F(u), u\rangle| & \leq \int_{Q}|f(\cdot, \cdot, u) \| u| \mathrm{d} x \mathrm{~d} t \leq \int_{Q}\left(\alpha(x, t)+\beta|u|^{r-1}\right)|u| \mathrm{d} x \mathrm{~d} t \\
& \leq\|\alpha\|_{p^{\prime}, Q}\|u\|_{p, Q}+\beta \int_{Q}|u|^{r} \mathrm{~d} x \mathrm{~d} t \\
& \leq\|\alpha\|_{p^{\prime}, Q}\|u\|_{p, Q}+\beta \int_{Q}\left(c(\varepsilon)+\varepsilon|u|^{p}\right) \mathrm{d} x \mathrm{~d} t \\
& \leq\|\alpha\|_{p^{\prime}, Q}\|u\|_{p, Q}+\beta c(\varepsilon)|Q|+\beta \varepsilon c\|u\|_{X_{0}}^{p} .
\end{aligned}
$$

By choosing $\varepsilon$ small enough such that $\varepsilon<\frac{1}{c \beta}$, we readily see that

$$
\frac{1}{\|u\|_{X_{0}}}\langle A u+F(u), u\rangle \rightarrow \infty \quad \text { as }\|u\|_{X_{0}} \rightarrow \infty
$$

which shows the coercivity in this case.

Remark 3.6. In case that neither the coercivity condition (1.4) nor the growth condition (1.3) is fulfilled, existence results for the obstacle problem (1.1) can be proved provided sub-supersolutions for the problem exist, which we are going to introduce in the following section.

## 4. Sub-Supersolution

Let us introduce the notation $u \wedge v=\min \{u, v\}$ and $u \vee v=\max \{u, v\}$. The sub- and supersolutions of the obstacle problem (1.1) (resp. (1.2)) are defined as follows, see Carl-Le [12, Chap. 5].
Definition 4.1. A function $\underline{u} \in Y$ is called a subsolution of (1.1) if $F(\underline{u}) \in L^{p^{\prime}}(Q)$ such that the following holds:
(i) $\underline{u} \vee K \subset K, \underline{u}(\cdot, 0) \leq 0$ in $\Omega$;
(ii) $\left\langle\underline{u}_{t}+A \underline{u}, v-\underline{u}\right\rangle+\int_{Q} F(\underline{u})(v-\underline{u}) \mathrm{d} x \mathrm{~d} t \geq 0$ for all $v \in \underline{u} \wedge K$.

We have a similar definition for supersolutions of (1.1).
Definition 4.2. A function $\bar{u} \in Y$ is called a supersolution of (1.1) if $F(\bar{u}) \in$ $L^{p^{\prime}}(Q)$ such that the following holds:
(i) $\bar{u} \wedge K \subset K, \bar{u}(\cdot, 0) \geq 0$ in $\Omega$;
(ii) $\left\langle\bar{u}_{t}+A \bar{u}, v-\bar{u}\right\rangle+\int_{Q} F(\bar{u})(v-\bar{u}) \mathrm{d} x \mathrm{~d} t \geq 0$ for all $v \in \bar{u} \vee K$.

The following lemmas provide sufficient conditions for sub- and supersolutions of the obstacle problem (1.1) (resp. (1.2)).
Lemma 4.3. If $u \in Y$ satisfies $u(\cdot, 0) \leq 0$ in $\Omega$, $u \leq 0$ on $\Sigma, F(u) \in L^{p^{\prime}}(Q)$ and

$$
\left\langle u_{t}+A u+F(u), \varphi\right\rangle \leq 0 \quad \text { for all } \varphi \in X_{0} \text { with } \varphi \geq 0
$$

then $u$ is a subsolution of the obstacle problem (1.1) in the sense of Definition 4.1 provided $u \leq \psi$.
Proof. We recall $K=\left\{v \in X_{0}: v \leq \psi\right.$ in $\left.Q\right\}$. Clearly, $u$ fulfills (i) of Definition 4.1. In order to check (ii), we note that $v \in u \wedge K$ has the representation $v=u-(u-\varphi)^{+}$ for any $\varphi \in K$, which yields

$$
\begin{aligned}
& \left\langle u_{t}+A u, v-u\right\rangle+\int_{Q} F(u)(v-u) \mathrm{d} x \mathrm{~d} t \\
& =-\left\langle u_{t}+A u,(u-\varphi)^{+}\right\rangle-\int_{Q} F(u)(u-\varphi)^{+} \mathrm{d} x \mathrm{~d} t \geq 0
\end{aligned}
$$

since $(u-\varphi)^{+} \in X_{0}$ and $(u-\varphi)^{+} \geq 0$.
Lemma 4.4. If $u \in Y$ satisfies $u(\cdot, 0) \geq 0$ in $\Omega$, $u \geq 0$ on $\Sigma, F(u) \in L^{p^{\prime}}(Q)$ and

$$
\left\langle u_{t}+A u+F(u), \varphi\right\rangle \geq 0 \quad \text { for all } \varphi \in X_{0} \text { with } \varphi \geq 0
$$

then $u$ is a supersolution of the obstacle problem (1.1) in the sense of Definition 4.2.

Proof. Clearly, $u$ satisfies (i) of Definition 4.2. Let us prove (ii) of Definition 4.2. First, note that $v \in u \vee K$ has the representation $v=u+(\varphi-u)^{+}$for any $\varphi \in K$. Hence we get

$$
\begin{aligned}
& \left\langle u_{t}+A u, v-u\right\rangle+\int_{Q} F(u)(v-u) \mathrm{d} x \mathrm{~d} t \\
& =\left\langle u_{t}+A u,(\varphi-u)^{+}\right\rangle+\int_{Q} F(u)(\varphi-u)^{+} \mathrm{d} x \mathrm{~d} t \geq 0
\end{aligned}
$$

because $(\varphi-u)^{+} \in X_{0}$ and $(\varphi-u)^{+} \geq 0$.
By means of an ordered pair of sub-and supersolutions we are going to prove an existence result for the obstacle problem (1.1) (resp. (1.2)) without requiring the coercivity assumption (1.4), but instead replacing assumption (H3) by the following local boundedness on $f$.
(H4) Assume an ordered pair of sub-and supersolutions $\underline{u} \leq \bar{u}$ of the obstacle problem (1.1) in the sense of Definitions 4.1 and 4.2. The Carathéodory function $f: Q \times \mathbb{R} \rightarrow \mathbb{R}$ is supposed to satisfy the following bound with respect to the ordered interval $[\underline{u}, \bar{u}]$

$$
|f(x, t, s)| \leq k(x, t)
$$

for a.a. $(x, t) \in Q$ and for all $s \in[\underline{u}(x, t), \bar{u}(x, t)]$, where $k \in L^{p^{\prime}}(Q)$.
Based on the existence of an ordered pair of sub- and supersolution we have the following result.

Theorem 4.5. Assume hypotheses (H1), (H2) and (H4). Then the parabolic obstacle problem (1.1) (resp.(1.2)) admits at least one solution $u \in Y_{0}$ with $\underline{u} \leq u \leq \bar{u}$.

Proof. Consider the cut-off function $b: Q \times \mathbb{R} \rightarrow \mathbb{R}$ given by

$$
b(x, t, s)= \begin{cases}{[s-\bar{u}(x, t)]^{p-1}} & \text { if } s>\bar{u}(x, t) \\ 0 & \text { if } \underline{u}(x, t) \leq s \leq \bar{u}(x, t) \\ -[\underline{u}(x, t)-s]^{p-1} & \text { if } s<\underline{u}(x, t)\end{cases}
$$

for a.a. $(x, t) \in Q$ and for all $s \in \mathbb{R}$. Obviously, $b$ is a Carathéodory function and satisfies the following growth condition

$$
|b(x, t, s)| \leq c_{1}(x, t)+c_{2}|s|^{p-1} \quad \text { for a.a. }(x, t) \in Q, \text { for all } s \in \mathbb{R}
$$

with $c_{1} \in L^{p^{\prime}}(Q)$ and $c_{2}>0$. Therefore, the Nemytskij operator $B: u \mapsto b(\cdot, \cdot, u)$ is a continuous and bounded mapping from $L^{p}(Q)$ to $L^{p^{\prime}}(Q)$ and the composed operator $i^{*} \circ B \circ i: X_{0} \rightarrow X_{0}^{*}$ again denoted by $B$ given by

$$
\langle B(u), v\rangle=\int_{Q} b(\cdot, \cdot, u) v \mathrm{~d} x \mathrm{~d} t \quad \text { for all } u, v \in X_{0}
$$

is pseudomonotone w.r.t. $D(L)$ due to the compact embedding $Y_{0} \hookrightarrow \hookrightarrow L^{p}(Q)$. Moreover, there are constants $c_{3}, c_{4}>0$ such that

$$
\begin{equation*}
\int_{Q} b(\cdot, \cdot, u) u \mathrm{~d} x \mathrm{~d} t \geq c_{3}\|u\|_{p, Q}^{p}-c_{4} \quad \text { for all } u \in L^{p}(Q) \tag{4.1}
\end{equation*}
$$

Next, we introduce the cut-off function $f_{0}: Q \times \mathbb{R} \rightarrow \mathbb{R}$ defined by

$$
f_{0}(x, t, s)= \begin{cases}f(x, t, \underline{u}(x, t)) & \text { if } s<\underline{u}(x, t) \\ f(x, t, s) & \text { if } \underline{u}(x, t) \leq s \leq \bar{u}(x, t) \\ f(x, t, \bar{u}(x, t)) & \text { if } s>\bar{u}(x, t)\end{cases}
$$

which is a Carathéodory function that in view of (H4) satisfies the growth condition

$$
\begin{equation*}
\left|f_{0}(x, t, s)\right| \leq k(x, t) \quad \text { for a.a. }(x, t) \in Q \text { and for all } s \in \mathbb{R} \text {. } \tag{4.2}
\end{equation*}
$$

Thus its Nemytskij operator $F_{0}: L^{p}(Q) \rightarrow L^{p^{\prime}}(Q)$ is bounded and continuous, and the composed operator $i^{*} \circ F_{0} \circ i: X_{0} \rightarrow X_{0}^{*}$ given by

$$
\left\langle F_{0}(u), v\right\rangle=\int_{Q} f_{0}(\cdot, \cdot, u) v \mathrm{~d} x \mathrm{~d} t \quad \text { for all } u, v \in X_{0}
$$

is pseudomonotone w.r.t. $D(L)$ due to the compact embedding $Y_{0} \hookrightarrow \hookrightarrow L^{p}(Q)$. Hence the operator $\hat{F}:=B+F_{0}: X_{0} \rightarrow X_{0}^{*}$ is bounded, continuous and pseudomonotone w.r.t. $D(L)$. Consider the auxiliary parabolic obstacle problem: Find $u \in D(L) \cap K$ such that

$$
\begin{equation*}
\left\langle u_{t}+A u+\hat{F}(u), v-u\right\rangle \geq 0 \quad \text { for all } v \in K \tag{4.3}
\end{equation*}
$$

By means of (4.1) and (4.2) we get

$$
\langle\hat{F}(u), u\rangle \geq c_{3}\|u\|_{p, Q}^{p}-c_{4}-\|k\|_{p^{\prime}, Q}\|u\|_{p, Q}
$$

which implies that $A+\hat{F}: X_{0} \rightarrow X_{0}^{*}$ satisfies the coercivity condition

$$
\frac{1}{\|u\|_{X_{0}}}\langle A u+\hat{F}(u), u\rangle \rightarrow \infty \quad \text { as }\|u\|_{X_{0}} \rightarrow \infty
$$

Thus, by applying Theorem 1.2 with $F$ replaced by $\hat{F}$, there exist solutions of the auxiliary obstacle problem (4.3). Therefore, the proof of Theorem 4.5 is complete provided any solution $u$ of the auxiliary obstacle problem (4.3) satisfies $\underline{u} \leq u \leq \bar{u}$, because then $B(u)=0$ and $\hat{F}(u)=F(u)$.

Let us verify that $\underline{u} \leq u$. Since $u \in K$, it follows that

$$
u+(\underline{u}-u)^{+}=\underline{u} \vee u \in K
$$

Using $v=u+(\underline{u}-u)^{+}$in (4.3), one obtains

$$
\begin{equation*}
\left\langle u_{t},(\underline{u}-u)^{+}\right\rangle+\left\langle A u+B(u)+F_{0}(u),(\underline{u}-u)^{+}\right\rangle \geq 0 . \tag{4.4}
\end{equation*}
$$

As $\underline{u}$ is a subsolution we get with $v=\underline{u} \wedge u \in \underline{u} \wedge K$ in Definition 4.1 (ii) the following inequality

$$
\begin{equation*}
-\left\langle\underline{u}_{t}+A \underline{u},(\underline{u}-u)^{+}\right\rangle-\int_{Q} F(\underline{u})(\underline{u}-u)^{+} \mathrm{d} x \mathrm{~d} t \geq 0 \tag{4.5}
\end{equation*}
$$

where we have used that $\underline{u} \wedge u=\underline{u}-(\underline{u}-u)^{+}$. Adding inequalities (4.4) and (4.5) results in

$$
\begin{align*}
& \left\langle B(u),(\underline{u}-u)^{+}\right\rangle+\int_{Q}\left(F_{0}(u)-F(\underline{u})\right)(\underline{u}-u)^{+} \mathrm{d} x \mathrm{~d} t  \tag{4.6}\\
& \geq\left\langle\underline{u}_{t}-u_{t},(\underline{u}-u)^{+}\right\rangle+\left\langle A \underline{u}-A u,(\underline{u}-u)^{+}\right\rangle
\end{align*}
$$

The right-hand side of (4.6) is nonnegative, and by the definition of $f_{0}$ it follows that

$$
\int_{Q}\left(F_{0}(u)-F(\underline{u})\right)(\underline{u}-u)^{+} \mathrm{d} x \mathrm{~d} t=0
$$

Thus we obtain from (4.6) and taking into account the definition of $b$

$$
0 \leq\left\langle B(u),(\underline{u}-u)^{+}\right\rangle=-\int_{Q}\left[(\underline{u}-u)^{+}\right]^{p} \mathrm{~d} x \mathrm{~d} t \leq 0
$$

which implies $(\underline{u}-u)^{+}=0$, that is, $\underline{u} \leq u$. The inequality $u \leq \bar{u}$ can be proved in a similar way, which completes the proof of the theorem.

## References

[1] M. Kbiri Alaoui, T. Nabil, M. Altanji, On some new non-linear diffusion models for the image filtering, Appl. Anal. 93 (2014), no. 2, 269-280.
[2] R. Arora, S. Shmarev, Double-phase parabolic equations with variable growth and nonlinear sources, Adv. Nonlinear Anal. 12 (2023), no. 1, 304-335.
[3] R. Arora, S. Shmarev, Existence and regularity results for a class of parabolic problems with double phase flux of variable growth, Rev. R. Acad. Cienc. Exactas Fís. Nat. Ser. A Mat. RACSAM 117 (2023), no. 1, Paper No. 34, 48 pp.
[4] A. Bahrouni, V.D. Rădulescu, D.D. Repovš, Double phase transonic flow problems with variable growth: nonlinear patterns and stationary waves, Nonlinearity 32 (2019), no. 7, 2481-2495.
[5] V. Benci, P. D'Avenia, D. Fortunato, L. Pisani, Solitons in several space dimensions: Derrick's problem and infinitely many solutions, Arch. Ration. Mech. Anal. 154 (2000), no. 4, 297-324.
[6] J. Berkovits, V. Mustonen, On the topological degree for mappings of monotone type, Nonlinear Anal. 10 (1986), no. 12, 1373-1383
[7] J. Berkovits, V. Mustonen, Topological degree for perturbations of linear maximal monotone mappings and applications to a class of parabolic problems, Rend. Mat. Appl. (7) 12 (1992), no. 3, 597-621.
[8] V. Bögelein, F. Duzaar, P. Marcellini, Parabolic equations with p, q-growth, J. Math. Pures Appl. (9) 100 (2013), no. 4, 535-563.
[9] K.O. Buryachenko, I.I. Skrypnik, Local continuity and Harnack's inequality for double-phase parabolic equations, Potential Anal. 56 (2022), no. 1, 137-164.
[10] S.-S. Byun, S. Liang, S. Zheng, Nonlinear gradient estimates for double phase elliptic problems with irregular double obstacles, Proc. Amer. Math. Soc. 147 (2019), no. 9, 3839-3854.
[11] S.-S. Byun, Y. Cho, J. Oh, Nonlinear obstacle problems with double phase in the borderline case, Math. Nachr. 293 (2020), no. 4, 651-669.
[12] S. Carl, V.K. Le, "Multi-valued Variational Inequalities and Inclusions", Springer, Cham, 2021.
[13] S. Carl, V.K. Le, D. Motreanu, "Nonsmooth Variational Problems and Their Inequalities", Springer, New York, 2007.
[14] A. Charkaoui, A. Ben-Loghfyry, S. Zeng, Nonlinear parabolic double phase variable exponent systems with applications in image noise removal, Appl. Math. Model. 132 (2024), 495-530.
[15] L. Cherfils, Y. Il'yasov, On the stationary solutions of generalized reaction diffusion equations with p\&q-Laplacian, Commun. Pure Appl. Anal. 4 (2005), no. 1, 9-22.
[16] Y. Chen, S. Levine, M. Rao, Variable exponent, linear growth functionals in image restoration, SIAM J. Appl. Math. 66 (2006), no. 4, 1383-1406.
[17] Á. Crespo-Blanco, L. Gasiński, P. Harjulehto, P. Winkert, A new class of double phase variable exponent problems: existence and uniqueness, J. Differential Equations 323 (2022), 182-228.
[18] G. Fichera, Problemi elastostatici con vincoli unilaterali: Il problema di Signorini con ambigue condizioni al contorno, Atti Accad. Naz. Lincei Mem. Cl. Sci. Fis. Mat. Natur. Sez. Ia (8) 7 (1963/64), 91-140.
[19] J. Giacomoni, D. Kumar, K. Sreenadh, Hölder regularity results for parabolic nonlocal double phase problems, Adv. Differential Equations, to appear, https://arxiv.org/abs/2112.04287.
[20] A.G. Grimaldi, E. Ipocoana, Higher differentiability results in the scale of Besov spaces to a class of double-phase obstacle problems, ESAIM Control Optim. Calc. Var. 28 (2022), Paper No. 51, 35 pp.
[21] P. Harjulehto, P. Hästö, Double phase image restoration, J. Math. Anal. Appl. 501 (2021), no. 1, Paper No. 123832, 12 pp.
[22] P. Harjulehto, P. Hästö, V. Latvala, O. Toivanen, Critical variable exponent functionals in image restoration, Appl. Math. Lett. 26 (2013), no. 1, 56-60.
[23] W. Kim, J. Kinnunen, K. Moring, Gradient higher integrability for degenerate parabolic double-phase systems, Arch. Ration. Mech. Anal. 247 (2023), no. 5, Paper No. 79, 46 pp.
[24] F. Li, Z. Li, L. Pi, Variable exponent functionals in image restoration, Appl. Math. Comput. 216 (2010), no. 3, 870-882.
[25] J.-L. Lions, Quelques méthodes de résolution des problèmes aux limites non linéaires, Dunod, Paris; Gauthier-Villars, Paris, 1969.
[26] J.-L. Lions, G. Stampacchia, Variational inequalities, Comm. Pure Appl. Math. 20 (1967), 493-519.
[27] W. Liu, G. Dai, Existence and multiplicity results for double phase problem, J. Differential Equations 265 (2018), no. 9, 4311-4334.
[28] W. Meng, C. Zhang, Asymptotic mean value properties for the elliptic and parabolic double phase equations, NoDEA Nonlinear Differential Equations Appl. 30 (2023), no. 6, Paper No. 77, 21 pp .
[29] G. Mingione, V.D. Rǎdulescu, Recent developments in problems with nonstandard growth and nonuniform ellipticity, J. Math. Anal. Appl. 501 (2021), no. 1, Paper No. 125197, 41 pp.
[30] H. Prasad, V. Tewary, Local boundedness of variational solutions to nonlocal double phase parabolic equations, J. Differential Equations 351 (2023), 243-276.
[31] M. Savchenko, I.I. Skrypnik, Y. Yevgenieva, Harnack's inequality for degenerate double phase parabolic equations under the non-logarithmic Zhikov's condition, J. Math. Sci. (N.Y.) 273 (2023), no. 3, 427-452.
[32] B. Shang, C. Zhang, Regularity of weak solutions for mixed local and nonlocal double phase parabolic equations, J. Differential Equations 378 (2024), 792-822.
[33] G. Stampacchia, Formes bilinéaires coercitives sur les ensembles convexes, C. R. Acad. Sci. Paris 258 (1964), 4413-4416.
[34] G. Stampacchia, Le problème de Dirichlet pour les équations elliptiques du second ordre à coefficients discontinus, Ann. Inst. Fourier (Grenoble) 15 (1965), 189-258.
[35] W.-S. Yuan, B. Ge, Q.-H. Cao, Y. Zhang, The existence of solutions for parabolic problem with the limiting case of double phase flux, Z. Angew. Math. Phys. 74 (2023), no. 6, Paper No. 213, 17 pp.
[36] E. Zeidler, "Nonlinear Functional Analysis and Its Applications. Vol. II A", Springer-Verlag, New York, 1990.
[37] E. Zeidler, "Nonlinear Functional Analysis and Its Applications. Vol. II B", Springer-Verlag, New York, 1990.
[38] S. Zeng, Y. Bai, L. Gasiński, P. Winkert, Existence results for double phase implicit obstacle problems involving multivalued operators, Calc. Var. Partial Differential Equations 59 (2020), no. 5, Paper No. 176, 18 pp.
[39] S. Zeng, Y. Bai, V.D. Rădulescu, P. Winkert, An inverse problem for a double phase implicit obstacle problem with multivalued terms, ESAIM Control Optim. Calc. Var. 29 (2023), Paper No. 30, 23 pp.
[40] S. Zeng, L. Gasiński, P. Winkert, Y. Bai, Existence of solutions for double phase obstacle problems with multivalued convection term, J. Math. Anal. Appl. 501 (2021), no. 1, Paper No. 123997, 12 pp.
[41] S. Zeng, V.D. Rădulescu, P. Winkert, Double phase implicit obstacle problems with convection and multivalued mixed boundary value conditions, SIAM J. Math. Anal. 54 (2022), no. 2, 1898-1926.
[42] S. Zeng, V.D. Rădulescu, P. Winkert, Double phase obstacle problems with variable exponent, Adv. Differential Equations 27 (2022), no. 9-10, 611-645.
[43] S. Zeng, V.D. Rădulescu, P. Winkert, Nonlocal double phase implicit obstacle problems with multivalued boundary conditions, SIAM J. Math. Anal. 56 (2024), no. 1, 877-912.
[44] L. Zhao, S. Zheng, Besov regularity for a class of elliptic obstacle problems with double-phase Orlicz growth, J. Math. Anal. Appl. 535 (2024), no. 1, 128119.
[45] V.V. Zhikov, Averaging of functionals of the calculus of variations and elasticity theory, Izv. Akad. Nauk SSSR Ser. Mat. 50 (1986), no. 4, 675-710.
[46] V.V. Zhikov, On variational problems and nonlinear elliptic equations with nonstandard growth conditions, J. Math. Sci. (N.Y.) 173 (2011), no. 5, 463-570.
(S. Carl) Institut für Mathematik, Martin-Luther-Universität Halle-Wittenberg, 06099 Halle, Germany

Email address: siegfried.carl@mathematik.uni-halle.de
(P. Winkert) Technische Universität Berlin, Institut für Mathematik, Strasse des 17. Juni 136, 10623 Berlin, Germany

Email address: winkert@math.tu-berlin.de


[^0]:    2020 Mathematics Subject Classification. 35K10, 35K55, 35K86, 35R70, 49 J 53.
    Key words and phrases. Double phase operator, Musielak-Orlicz Sobolev space, obstacle problem, parabolic problems, penalty technique, sub-supersolution.

